

Active Schools & Competitive School Sports

Annual Review 2017-18



During 2018/19 look out for:



Our Spirit of Sports Award recognising pupils and schools who display the true spirit of sport



More opportunities for disadvantaged children and young people to take part in school sport clubs before, during lunchtime, and after school



More young people achieving accreditation through sport

If you would like to get involved with South Ayrshire Active Schools, or you would like any more details about the programmes we offer, please visit:

activeschoolssa.co.uk

or contact us on
activeschools@south-ayrshire.gov.uk
01292 294 191



South Ayrshire Active Schools

Impact of Active Schools during 2017-18

8,785
ACTIVITY
SESSIONS

UP 30%
ON PREVIOUS YEAR

80

different local
sports clubs
linking with
schools

**AN EXTRA
21% FROM**
PREVIOUS YEAR

7,424

different children
and young people
took part in extra-
curricular school
sport – **that's...**

53%

**OF ALL
CHILDREN IN
SOUTH
AYRSHIRE
SCHOOLS!**

551

**DIFFERENT
PEOPLE
DELIVERING
SPORT &
PHYSICAL
ACTIVITY**

94%
OF WHOM ARE
VOLUNTARY

518

VOLUNTEERS
- AN INCREASE

OF

22%
**FROM
LAST YEAR**

**THAT'S AN
EXTRA 95**
VOLUNTEERS

activeschoolssa.co.uk





year of young people
bliadhna na h-óigridh
2018

Leadership

SPORTS LEADERS



Active Schools Leadership programmes help to increase capacity to deliver a number of programmes in schools and local communities, while supporting existing community based sports clubs.

South Ayrshire Active Schools offer a variety of leadership programmes for pupils from P6 to S6.

Leading the Way

The Sports Leader programme at Marr College is a fantastic example of partnership working across Active Schools, PE department, primary schools, National Governing Bodies and local sports clubs. The programme supports young people to achieve a variety of qualifications and to deliver a range of activities to primary school pupils.

- **Training** – 25 pupils from Marr College achieved their SCQF Level 5 Sports Leader Award plus a range of sport specific and coaching related courses. This programme is an important step in the pathway to develop our young workforce in South Ayrshire.
- **Volunteering** – Sports Leaders delivered nearly 500 hours of coaching with all pupils achieving a Saltire Award, and 5 pupils achieving a Spirit of Leadership Award for their outstanding commitment to volunteering.
- **Funding** – Marr Sports Leaders received funding to run two local programmes; Marr Activate and the Marr Sports Camp Holiday Programme.

7 DIFFERENT LEADERSHIP PROGRAMMES

were delivered with a total of

236 YOUNG PEOPLE
TAKING PART

achieving

and completing

243
SPORTS
RELATED
QUALIFICATIONS



683
SPORTS
SPECIFIC
WORKSHOPS



Partnerships & Pathways

Developing the Young Workforce with Ayrshire College



The partnership between Active Schools and Ayrshire College is of huge value in supporting both organisations to develop a local sporting workforce.

65 students volunteered and completed placements in the Active Schools programme during 2017-18, with many more supporting our Competitive School Sport calendar of events.

Student Internship Programme

The most enthusiastic and committed students are selected to undertake a six month project management placement. This programme has been a huge success with four former students (Ayrshire College and UWS) now working full time with the Active Schools team!

Aiden McLean, former Ayrshire College and UWS graduate completed his student internship in 2018 and joined the team as the Active Schools Assistant for Newton Primary School in August 2018. Two times winner of our Student Volunteer of the Year award we are delighted to welcome Aiden into the team.



Ayrshire College, "Ayrshire College is extremely proud of its relationship with South Ayrshire Active Schools. Our talented students work in partnership with Active Schools to gain practical experience and put the theory learned in the classroom into practice within a sporting environment. What makes the relationship so successful is that many of the Active Schools Co-ordinators have come from Ayrshire College and are able to act as mentors who support, guide and develop our students with wonderful empathy and understanding."



Aiden McLean, "My experience with Ayrshire College and UWS played a huge part in getting me where I am today. Working in close partnership with Active Schools, I was supported during placement which helped to give me the right tools while developing my skills to be a better coach and leader in challenging situations."

Partnerships & Pathways

Scottish Handball



Equality

A continued partnership with **Scottish Handball, and South Ayrshire Handball club, supported the development of an Equality & Inclusion project during 2017-18 focusing on North Ayr and Girvan.**

Impact

During the project nearly **1,000** young people received handball coaching, ensuring that our most disadvantaged young people from North Ayr and Girvan were able to participate in the sport both at school and in their local communities. Working closely with Ayr Academy, after school handball clubs were developed for primary and secondary children working towards the development of a local community club.

Sustainability

To support the delivery and build a sustainable structure for the future there were a number of training opportunities offered to new and existing sports coaches:

SECONDARY SCHOOL TEACHERS **INTRODUCTORY COURSES FOR UWS STUDENTS**

SPORTS LEADER COURSES

TARGETED COACHING SUPPORT FOR ACTIVE SCHOOLS ASSISTANTS WORKING IN NORTH AYR

Next Steps

Thanks to a positive partnership, and a larger local workforce, we are able to continue working with Scottish Handball to develop the sport locally and support more young people, regardless of their background, to participate in handball.

Competitions

11 PRIMARIES TOOK PART IN **INCLUDING A QUALIFIER FOR THE SCOTTISH SCHOOLS FINALS**

4 PRIMARY SCHOOL COMPETITIONS

PRIMARY BEACH HANDBALL COMPETITION ON TROON BEACH

Specific competition support for the North Ayr area reduce barriers so more young people were able to play competitively.

Volunteers

Volunteers have always played a vital role delivering sport and physical activity in South Ayrshire. Without volunteers, lots of opportunities for young people simply wouldn't be available.

In South Ayrshire Active Schools we are grateful to have had support from over 500 volunteers, with young people making up nearly a third of that total!

Who supports Active Schools?

160 TEACHERS AND SCHOOL STAFF

65
STUDENTS

26 PARENTS

37 CLUB COACHES

147 YOUNG LEADERS

SECONDARY SCHOOL TEACHERS

The value of volunteers' contribution to schools and communities through volunteering is huge: 8,258 hours equates to £123, 870*

*Based on average hourly rate for sports coaches (£15ph)



Recognition

Recognising volunteers is hugely important to us which is why we host the South Ayrshire Active Schools Awards annually.

This year more than **200** people attended the awards to recognise nearly **50** volunteers for their outstanding contribution to school and community sport in South Ayrshire.

Inspired to start volunteering?

Find out more about the opportunities and support available with South Ayrshire Active Schools by contacting us on activeschools@south-ayrshire.gov.uk / 01292 294 191 or visit www.activeschoolssa.co.uk



Bridging the Gap

As a team we are passionate about making sure **ALL** children and young people have the opportunity to take part in sport and physical activity. Additional funding as part of the Attainment Challenge has supported three Active Schools Assistant posts at Braehead Primary, Dalmillig Primary and Newton Primary

Participate

100% of pupils at each school were supported to attend extra-curricular sports clubs. This is fantastic as increasing participation will lead to **improved health and wellbeing outcomes** in these areas. This not only has a **positive impact on young peoples' quality of life** but ensure that children are **mentally prepared for learning** in the school environment as well.

Competition

304 more children took part in competitive school sport in 2017-18 than the previous year. Our Whitletts Road Games competition calendar provides a positive experience of competitive sport, and gives children extra preparation for the South Ayrshire events.



Pathways

With more children participating in activities in school the next step is to work with local partners to support children to take part in activities in their local community. Programmes like our partnership with Newmilns Snow and Sports complex introduced **120 pupils** to skiing during the year. This programme supported young people to challenge themselves and develop their confidence through sport.

Fiona McAvoy Head teacher, Newton Primary "Bringing along the parents to see the programme first-hand in the last week of the block was a great way of creating a link between staff, parents and children and shows the value of the experience to the children involved."

Inspire Children

Active Schools Assistants enable children to attend sporting events at both local and international levels. This year children from Newton & Braehead were lucky to attend The European Games in July 2018, enjoying golf at Carnoustie and diving at the Royal Commonwealth Pool, Edinburgh.



Competitive School Sports

Coming in 2018-19...

Spirit of Sport launch
Badminton Leagues
Basketball, Football and
Handball events

New Competitions:

- Gymfest
- P4-S3 Basketball
- Flag Golf
- Super 6's Golf



Competitive School Sports 2017-18 Highlights

67
EVENTS:

18 OPEN
EVENTS
BRONZE MEDAL

33

SOUTH
AYRSHIRE
COMPETITIONS
SILVER MEDAL

10 REGIONAL AND NATIONAL
QUALIFIERS GOLD MEDAL

4,520 took part in an event
DIFFERENT YOUNG PEOPLE
20% INCREASE
FROM LAST YEAR!

ALL SOUTH AYRSHIRE
SCHOOLS
took part in events during 2017-18

7 Competition Organiser courses were delivered across schools with 157 young leaders completing this and going on to support events.

480 supported the Competitive
COACHES School programme in a variety
of roles throughout the year.

11 LOCAL SUPPORTED
CLUBS DIFFERENT EVENTS
THROUGHOUT THE YEAR



Well done to **Troon PS** placing 2nd in the Scottish Primary Handball Championships, and to **Marr College** placing 2nd in both the S1/2 boys & S3/4 boys Scottish Handball finals, and to the **S1-3 girls** placing 3rd in the Scottish Handball finals.

Whitletts Road Games

Congratulations to **St Johns PS** who were **winners of the 2017-18 Whitletts Road Games**. This competition is an important part of our programme providing additional competitive opportunities for young people attending school in North Ayr.



